

30 WAYS in 30 DAYS

SEPTEMBER is Hunger Action Month

There's something everyone can do to help feed a hungry neighbor this month. Visit www.eifoodbank.org or call us at 217-328-3663 to learn more.



SUN

MON

TUE

WED

THU

FRI

SAT

Register for Operation Orange!

Be a part of EIF's 12-hr food repack on 9/11! Volunteers will repack bulk food product into family friendly sized boxes. Register for a 2-hr shift at www.eifoodbank.org/HAM

1

Share this calendar with your friends & family. Ask them to help fight local hunger too!

2

Make coffee at home & pack a brown bag lunch. Donate what you would have spent. Try it for today or a week!

3

WEAR ORANGE!

ORANGE IS THE NATIONAL COLOR FOR THE FIGHT AGAINST HUNGER & TODAY IS GO ORANGE DAY!

4

Change your Facebook cover photo to match EIF's in support of hunger awareness.

5

"LIKE" US



6

Make a financial contribution to EIF. Every dollar donated is equal to 6 meals. Spread the word!

7

Sign up for our volunteer & e-news newsletters at eifoodbank.org to stay informed on all things EIF.

8

COMMUNITY TOUR DAY!

Contact us today for a tour! Tours will be scheduled every hour from 8am thru 5pm. Please call Kristen Bosch at 328-3663.

9

Will your employer match employee donations to EIF for HAM? Ask your finance dept. today!

10

Become a hunger champion. Join Hundreds Against Hunger. Contact EIF for details.

11

OPERATION ORANGE

If you registered for Operation Orange don't forget to report for duty today!

12

Volunteer at a local food pantry or soup kitchen. Visit our website for a list of agencies.

13

Grandparent's day! Make a donation to the Foodbank in their honor.

14

Follow us



15

Listen to WDWS 1400AM for HAM updates, EIF agency spotlights and more!

16

Stop by Hickory Point Bank in downtown Champaign today! EIF will be collecting donations from 6am-6pm.

17

Come by EIF for Chamber After Hours! Check out the warehouse & meet others in our community from 5-7 pm.

18

Donate food or dollars to a local food pantry, soup kitchen or shelter.

19

View local hunger statistics for your county at

[map.
feedingamerica.org](http://map.feedingamerica.org)

20



Starts today!

21

22

23

24

25

26

Can you make it on a food stamp budget of \$4.50/day for 1 week? Visit www.eifoodbank.org/HAM for information on how the challenge works, what items may be purchased & how to share your experience with EIF.

27

Did you make it through the SNAP Challenge? Share your experience with EIF via social media or write us a letter!

28

Set an empty plate at your table as a reminder of those who are hungry.

29

Host a get together and ask guests to bring a donation for EIF. Share what you've learned this month!

30

Visit InvestanAcre.org & learn how to double your donation to EIF this harvest season.



Eastern Illinois
Foodbank

2405 North Shore Drive, Urbana
(217) 328-3663 | www.eifoodbank.org